

Praise & Worship

Video Study Guide



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Praise & Worship: Video Study Guide © 2026, Terry Moore

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Praise & Worship

Session 1: The Gift of Praise & Worship

Session 1 of 8

About This Series

Praise and Worship is far more than music before a sermon or a tradition within a church service. It is a God-given invitation to encounter His presence, shift our focus from ourselves to Him, and experience the transforming power of His goodness. Throughout this series, we will explore what Scripture teaches about praise and worship, the different biblical expressions of praise, why God calls His people to worship Him, and the many spiritual benefits that flow from living a lifestyle of thanksgiving and adoration. As we learn to worship God with our whole hearts, we discover that praise is not merely something we do—it is a way of drawing near to the One who is worthy of all honor, glory, and praise.

Session Overview

Before exploring the many expressions of praise and worship found throughout Scripture, we must first understand why God gave them to us. Session 1 introduces praise and worship as a divine gift—a vehicle that redirects our attention away from ourselves and toward God. Through personal testimony and biblical teaching, we discover that worship is not about performance or personality but about encountering the Lord with grateful hearts. As we enter His presence with thanksgiving and praise, we begin to experience the life-changing reality of His presence and recognize that everything that has breath was created to praise Him.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Psalm 100:1–5 (NKJV)

A call to joyfully praise the Lord, enter His presence with thanksgiving, and remember His goodness, mercy, and faithfulness.

Psalm 150:1–6 (NKJV)

A celebration of every form of praise, declaring that everything with breath should praise the Lord.

Psalm 100:4 (NKJV)

Enter His gates with thanksgiving and His courts with praise.

Psalm 150:6 (NKJV)

“Let everything that has breath praise the LORD.”

Key Themes

1. Praise and Worship Are God's Gift to His People

Praise and worship were not created because God lacks anything. They are gifts He has given His children to help us know Him more deeply and experience His presence. As our focus shifts from ourselves to God, our hearts are transformed.

2. Worship Is About God, Not Our Preferences

Personality, background, and comfort level often shape how expressive we are, but Scripture calls us to focus on God rather than ourselves. Biblical worship flows from a heart devoted to Him rather than concern over how we appear to others.

3. Thanksgiving Opens Our Hearts to God's Presence

Psalm 100 presents a pattern of entering God's presence with thanksgiving and praise. Gratitude shifts our perspective, reminds us of God's goodness, and prepares our hearts to worship Him sincerely.

4. Praise Is a Lifestyle, Not a Prelude

Praise and worship are not simply the music that happens before a sermon. They are an essential part of our relationship with God and should become a daily expression of love, gratitude, and dependence upon Him.

5. God Alone Is Worthy of Our Praise

Throughout Scripture, God's people are continually called to praise Him because of who He is—our Creator, Shepherd, Redeemer, and faithful Father. Everything in creation ultimately points back to His greatness and glory.

Reflection Questions



Reflection Questions

1. When you hear the words *praise and worship*, what immediately comes to mind? How has your understanding changed after this session?
2. Terry describes praise and worship as a vehicle that helps us shift our focus from ourselves to God. Why do you think that shift is so important?
3. Psalm 100 tells us to enter God's presence with thanksgiving. How could cultivating gratitude change your daily relationship with God?
4. Are there personal preferences, fears, or self-conscious thoughts that have kept you from freely worshiping God? How can you begin surrendering those to Him?
5. Psalm 150 declares that everything with breath should praise the Lord. What would it look like for praise to become a lifestyle rather than simply an activity during church services?

Personal Application

✓ Application Steps

1. Begin each day this week by thanking God for at least five specific blessings before presenting any requests to Him.
2. Read Psalm 100 and Psalm 150 aloud every day this week. Ask the Lord to deepen your understanding of why He calls His people to praise Him.
3. During your personal prayer time, intentionally spend several minutes praising God simply for who He is rather than asking Him for anything.
4. Pay attention to moments when your focus becomes centered on yourself, your circumstances, or your worries. Practice redirecting your attention to God's character through thanksgiving and praise.
5. Create a personal playlist of worship songs that help you focus on God's goodness, and set aside dedicated time this week to worship Him without distractions.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
God's Presence	The reality of God's nearness experienced as believers intentionally focus their hearts on Him.
Lifestyle of Worship	Living each day with an attitude of gratitude, praise, obedience, and devotion rather than limiting worship to church gatherings.

Connecting the Sessions

Session	Title	Focus of Revelation
1	The Gift of Praise & Worship	Praise and worship are God's gift to draw us into His presence. They are not about performance but about fixing our hearts on the One who is worthy.
2	Worshiping in Spirit & Truth	God is seeking worshipers who worship Him in spirit and truth. Worship flows from knowing who He is, not merely from singing songs.
3	The Biblical Expressions of Praise	Scripture reveals many expressions of praise. As we understand the biblical language of worship, we gain greater freedom to honor God with our whole lives.
4	Praise, Worship, and the Presence of God	Praise and worship invite us into God's presence and help us set our minds on Him. Worship is far more than music—it is a lifestyle of communion with the Father.
5	The Restoration of David's Tabernacle	David's Tabernacle points to the New Covenant, where continual praise and worship replace ritual and sacrifice. Through Christ, every believer now has access to God's presence.
6	The sacrifice of Praise	The sacrifices God now desires are spiritual sacrifices of praise, thanksgiving, and surrendered lives. Worship becomes our continual response to His finished work.
7	The Power of Praise	Praise is also a spiritual weapon. As we magnify God instead of our circumstances, faith rises, fear loses its grip, and the enemy's influence is diminished.
8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 2: Worshiping in Spirit & Truth

Session 2 of 8

Session Overview

True worship is not defined by a location, a style of music, or outward expression—it is centered on the worthiness of God Himself. In this session, we explore Jesus' conversation with the woman at the well and discover that the Father is seeking worshipers who will worship Him in spirit and truth. We also gain a glimpse into the worship of heaven through the book of Revelation, where every created being responds to God's holiness with continual praise. As we see who God truly is, worship becomes more than a command—it becomes the natural response of a heart captivated by His greatness.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

John 4:21–24 (NKJV)

"But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him."

Luke 19:37–40 (NKJV)

"I tell you that if these should keep silent, the stones would immediately cry out."

Revelation 4:8–11 (NKJV)

"Holy, holy, holy, Lord God Almighty, Who was and is and is to come!... You are worthy, O Lord, to receive glory and honor and power."

Revelation 5:9–14 (NKJV)

The worship of the Lamb by every creature in heaven declares His worthiness because He redeemed mankind through His blood.

Psalms 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise."

Key Themes

1. God Is Worthy of Our Worship

The foundation of worship is not our emotions, our circumstances, or even our need. Worship begins with recognizing who God is. He alone is worthy because He is the Creator, Redeemer, and King of all creation. Worship is our response to His greatness—not an attempt to earn His favor.

2. The Father Is Seeking Worshipers

Jesus did not say the Father is seeking songs or religious rituals. He is seeking people whose hearts are devoted to Him. True worship flows from a relationship with God rather than simply participating in a church service.

3. Worship in Spirit and Truth

True worship connects our spirit with God, who is Spirit, while remaining firmly rooted in His Word, which is truth. Genuine worship is both spiritual and biblical, engaging the heart while remaining anchored in God's revelation.

4. Worship Gives Us a Glimpse of Heaven

The scenes in Revelation reveal that heaven is continually centered upon God's throne. Every living creature and every redeemed believer responds with praise because they see His glory. Earthly worship becomes an opportunity to join heaven's perspective by focusing entirely on Christ.

5. Worship Changes Our Focus

Praise and worship help us move our attention away from ourselves and toward God. As we become captivated by His greatness, fear, pride, discouragement, and self-consciousness begin to lose their hold on us. Worship is one of God's greatest gifts for renewing our perspective.

Reflection Questions



Reflection Questions

1. Jesus said the Father is seeking worshipers. How would you describe your own worship—is it primarily an activity you do, or a relationship you cultivate?
2. What does it mean to worship God in both spirit and truth? Is either one easier for you than the other?
3. The worship described in Revelation is completely centered on God's worthiness. How would your times of worship change if your focus remained entirely on who God is rather than on your own needs?
4. Terry shares that praise and worship help him "get out of himself" and focus on God. What distractions or concerns most often keep your attention on yourself?
5. Imagine standing before God's throne as described in Revelation 4 and 5. How does that picture reshape your understanding of worship today?

Personal Application

✓ Application Steps

1. Spend time this week reading Revelation 4 and 5 slowly. As you read, picture yourself joining the worship around God's throne and reflect on what makes Him worthy.
2. Before each time of worship this week, intentionally thank God for who He is before asking Him for anything. Allow thanksgiving to prepare your heart.
3. During your personal worship time, pay attention to moments when your mind drifts back to yourself or your circumstances. Gently redirect your focus to God's character and His greatness.
4. Read John 4:23–24 every day this week and ask the Holy Spirit to teach you what it means to worship the Father in spirit and truth.
5. Set aside time to simply adore God without an agenda. Resist the urge to make requests, and instead spend several minutes declaring His goodness, holiness, faithfulness, and worthiness.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
God's Presence	The reality of God's nearness experienced as believers intentionally focus their hearts on Him.
Lifestyle of Worship	Living each day with an attitude of gratitude, praise, obedience, and devotion rather than limiting worship to church gatherings.

Connecting the Sessions

Session	Title	Focus of Revelation
1	The Gift of Praise & Worship	Praise and worship are God's gift to draw us into His presence. They are not about performance but about fixing our hearts on the One who is worthy.
2	Worshiping in Spirit & Truth	God is seeking worshipers who worship Him in spirit and truth. Worship flows from knowing who He is, not merely from singing songs.
3	The Biblical Expressions of Praise	Scripture reveals many expressions of praise. As we understand the biblical language of worship, we gain greater freedom to honor God with our whole lives.
4	Praise, Worship, and the Presence of God	Praise and worship invite us into God's presence and help us set our minds on Him. Worship is far more than music—it is a lifestyle of communion with the Father.
5	The Restoration of David's Tabernacle	David's Tabernacle points to the New Covenant, where continual praise and worship replace ritual and sacrifice. Through Christ, every believer now has access to God's presence.
6	The sacrifice of Praise	The sacrifices God now desires are spiritual sacrifices of praise, thanksgiving, and surrendered lives. Worship becomes our continual response to His finished work.
7	The Power of Praise	Praise is also a spiritual weapon. As we magnify God instead of our circumstances, faith rises, fear loses its grip, and the enemy's influence is diminished.
8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 3: The Biblical Expression of Praise

Session 3 of 8

Session Overview

Praise is woven throughout Scripture as the natural response of God's people to His greatness. In this session, we explore the many psalms that call believers to sing, shout, clap, kneel, lift their hands, and rejoice before the Lord. We also discover that the original Hebrew words for praise and worship carry far greater meaning than our English translations often convey. As we understand the biblical expressions of praise, we begin to see that God has given us many ways to honor Him—not to draw attention to ourselves, but to declare His greatness with our whole being.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Psalm 100:1–5 (NKJV)

A call to enter God's presence with thanksgiving, praise, singing, and joyful celebration because of His goodness and faithfulness.

Psalm 95:1–7 (NKJV)

An invitation to sing, shout joyfully, worship, bow down, and kneel before the Lord, our Maker.

Psalm 150:1–6 (NKJV)

A picture of wholehearted praise through voices, instruments, dancing, and every breath we possess.

Psalm 47:1–8 (NKJV)

"Oh, clap your hands, all you peoples! Shout to God with the voice of triumph!"

Psalm 33:1–3 (NKJV)

"Rejoice in the Lord... Sing to Him a new song; play skillfully with a shout of joy."

Key Themes

1. Scripture Calls God's People to Expressive Praise

The Psalms consistently invite God's people to praise Him with singing, shouting, clapping, thanksgiving, kneeling, lifted hands, instruments, and joyful celebration. These expressions are not random traditions—they are biblical responses to God's greatness.

2. Praise Flows from God's Worthiness

Every expression of praise points back to one central truth: God is worthy. The focus is never on the worshiper but always on the One being worshiped. As we recognize His greatness, praise becomes the natural overflow of our hearts.

3. The Original Language Deepens Our Understanding

The Hebrew words translated "praise," "thanksgiving," and "worship" often describe physical expressions such as lifting hands, kneeling, shouting, celebrating, and joyful singing. Understanding these words helps us see the richness and freedom of biblical worship.

4. God Defines True Worship

Our personalities, traditions, or preferences do not determine what worship should look like. God has already revealed throughout Scripture the many ways His people may respond to His presence. True worship begins by yielding to His pattern rather than creating our own.

5. Praise Involves Our Whole Being

Biblical worship engages spirit, soul, body, voice, mind, and emotions. Whether singing quietly, lifting hands, kneeling, or rejoicing aloud, every part of our lives can become an expression of love and devotion to the Lord.

Reflection Questions



Reflection Questions

1. As you read the Psalms in this session, which expressions of praise stand out to you the most? Why?
2. Have your church background or personal preferences influenced how you express worship? How does Scripture challenge or affirm those perspectives?
3. Terry explains that the Hebrew words for praise are much more expressive than many English translations suggest. How does this deepen your understanding of biblical worship?
4. Why do you think God repeatedly calls His people to praise Him in so many different ways throughout the Psalms?
5. Is there an expression of worship—such as thanksgiving, singing, lifting your hands, kneeling, or joyful praise—that God may be inviting you to embrace more freely?

Personal Application

✓ Application Steps

1. Read Psalms 33, 47, 95, 100, and 150 this week. As you read, make a list of every expression of praise you find.
2. During your personal worship time, intentionally focus on God's greatness rather than your own comfort or preferences. Ask the Lord to help your worship become a genuine response to His worthiness.
3. Study one or two of the Hebrew words for praise mentioned in this session (such as *halal*, *yadah*, or *barak*) and reflect on how their meanings expand your understanding of worship.
4. Choose one biblical expression of praise that is less familiar to you and prayerfully practice it during your personal time with the Lord—not to imitate others, but to respond to God with sincerity.
5. Throughout the week, look for opportunities to express gratitude and praise in everyday life. Let thanksgiving become a regular response as you remember God's goodness and faithfulness.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
God's Presence	The reality of God's nearness experienced as believers intentionally focus their hearts on Him.
Lifestyle of Worship	Living each day with an attitude of gratitude, praise, obedience, and devotion rather than limiting worship to church gatherings.

Connecting the Sessions

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2	Worshiping in Spirit & Truth	God is seeking worshipers who worship Him in spirit and truth. Worship flows from knowing who He is, not merely from singing songs.
3	The Biblical Expressions of Praise	Scripture reveals many expressions of praise. As we understand the biblical language of worship, we gain greater freedom to honor God with our whole lives.
4	Praise, Worship, and the Presence of God	Praise and worship invite us into God's presence and help us set our minds on Him. Worship is far more than music—it is a lifestyle of communion with the Father.
5	The Restoration of David's Tabernacle	David's Tabernacle points to the New Covenant, where continual praise and worship replace ritual and sacrifice. Through Christ, every believer now has access to God's presence.
6	The sacrifice of Praise	The sacrifices God now desires are spiritual sacrifices of praise, thanksgiving, and surrendered lives. Worship becomes our continual response to His finished work.
7	The Power of Praise	Praise is also a spiritual weapon. As we magnify God instead of our circumstances, faith rises, fear loses its grip, and the enemy's influence is diminished.
8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 4: Praise, Worship, & the Presence of God

Session 4 of 8

Session Overview

Praise and worship did not end with the Old Testament—they remain a vital part of the New Covenant life. In this session, we discover that the New Testament continues to call believers to be Spirit-filled worshipers who continually offer praise and thanksgiving to God. We also see that worship is the battleground for our hearts and minds. The enemy continually seeks to distract our attention from God, but thanksgiving redirects our focus back to His goodness. As we choose to give thanks in every circumstance, praise becomes a powerful way to keep our hearts centered on Christ and cultivate an awareness of His presence.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Ephesians 5:18–20 (NKJV)

"Be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God."

Luke 4:1–8 (NKJV)

Jesus resists Satan's temptation to worship anything other than the Father, declaring:

"You shall worship the Lord your God, and Him only you shall serve."

Hebrews 13:15 (NKJV)

"Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name."

1 Thessalonians 5:16–18 (NKJV)

"Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you."

Philippians 4:4–7 (NKJV)

Rejoice always, pray with thanksgiving, and experience the peace of God that guards your heart and mind.

Psalms 107:1–2

"Oh, give thanks to the LORD, for He is good! For His mercy endures forever."

Key Themes

1. Praise and Worship Continue Under the New Covenant

The New Testament does not replace praise and worship—it reinforces them. Believers are called to be filled with the Holy Spirit, singing psalms, hymns, and spiritual songs while continually giving thanks to God. Worship remains an essential part of walking with Christ.

2. Worship Is the Battle for Our Attention

Satan tempted Jesus with power and authority in exchange for worship. This reveals that worship is ultimately about where we place our attention, affection, and allegiance. Whatever captures our hearts becomes the object of our worship.

3. Thanksgiving Is the Foundation of Praise

Throughout Scripture, thanksgiving consistently precedes praise. Gratitude shifts our focus away from our circumstances and onto God's unchanging goodness. A thankful heart naturally leads to joyful worship.

4. Praise Is Sometimes a Sacrifice

There are seasons when praising God does not come naturally. Hebrews reminds us to offer the sacrifice of praise, choosing gratitude and worship even when our emotions or circumstances suggest otherwise. In those moments, praise becomes an act of faith.

5. Worship Renews Our Minds

The battle for worship is often fought in our thoughts. The enemy seeks to fill our minds with fear, anxiety, and distraction, while God invites us to fix our attention on Him. Thanksgiving guards our hearts, renews our perspective, and leads us into His peace.

Reflection Questions



Reflection Questions

1. According to this session, worship is ultimately about what receives your attention. What has been competing for your focus lately?
2. Why do you think Satan's second temptation of Jesus centered on worship? What does this reveal about the importance of worship in the Christian life?

3. Hebrews speaks of a "sacrifice of praise." When have you experienced a season where praising God required faith rather than feelings?
4. How does thanksgiving affect your perspective when facing difficult circumstances?
5. Paul repeatedly instructs believers to rejoice, give thanks, and worship continually. What practical changes could help these become daily habits rather than occasional responses?

Personal Application

✓ Application Steps

1. Begin each morning this week by thanking God for five specific blessings before checking your phone, email, or news. Allow gratitude to become the first focus of your day.
2. Whenever you notice anxious, fearful, or discouraging thoughts, pause and intentionally thank God for His faithfulness before dwelling on the problem. Practice redirecting your attention toward His goodness.
3. Read Ephesians 5:18–20, Hebrews 13:15, Philippians 4:4–7, and 1 Thessalonians 5:16–18 during the week. Highlight every instruction related to praise, thanksgiving, and worship.
4. Offer God a "sacrifice of praise" during one difficult moment this week. Instead of waiting until your circumstances improve, choose to worship Him because of who He is.
5. Keep a gratitude journal for seven days. Each evening, write down several ways you experienced God's goodness throughout the day, allowing thanksgiving to become a regular pattern of worship.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.

Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
God's Presence	The reality of God's nearness experienced as believers intentionally focus their hearts on Him.
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Notes

Praise & Worship

Session 5: The Restoration of the Tabernacle

Session 5 of 8

Session Overview

In this session, we discover why the New Testament points to the restoration of the Tabernacle of David rather than the Tabernacle of Moses or Solomon's Temple. David's tabernacle was marked by continual praise, unrestricted access to God's presence, and worship flowing from grateful hearts. Through Jesus Christ, that prophetic picture has become a reality. Every believer now has direct access to the presence of God, and praise and worship become our joyful response to living in relationship with Him rather than following religious rituals.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Acts 15:13–18 (NKJV)

"After this I will return and will rebuild the tabernacle of David, which has fallen down... so that the rest of mankind may seek the Lord."

Acts 15:7–11 (NKJV)

Peter declares that both Jews and Gentiles are saved by the grace of the Lord Jesus Christ, with no distinction between them.

1 Chronicles 15:11–29

David restores the Ark of the Covenant according to God's instruction, appointing singers and musicians to celebrate with joyful praise.

1 Chronicles 16:1–6

David establishes continual ministry before the Ark with thanksgiving, praise, and worship.

Revelation 5:9–10 (NKJV)

"You have redeemed us to God by Your blood... and have made us kings and priests to our God."

Key Themes

1. The Restoration of David's Tabernacle

James declares that God is restoring the Tabernacle of David—not the religious system of Moses. David's tabernacle was characterized by continual praise, unrestricted access to God's presence, and worship flowing from grateful hearts. It prophetically points to the New Covenant established through Christ.

2. God's Presence Is Available to Every Believer

Under the Old Covenant, access to God's presence was limited. Through Jesus, the way has been opened for every believer to come boldly into His presence. We no longer approach God through ritual but through relationship.

3. Worship Replaces Ritual

The focus of David's tabernacle was not continual sacrifices but continual praise. This points forward to the finished work of Christ, whose once-for-all sacrifice enables believers to continually offer thanksgiving and worship to God.

4. David Models the Heart of a Worshiper

David pursued God's presence above everything else. His desire was not simply to restore the Ark to Israel but to restore the central place of God's presence among His people. His life demonstrates what it means to seek God with wholehearted devotion.

5. We Are Kings and Priests Before God

Just as David functioned as a prophetic picture of a king and priest, believers today have been made kings and priests through Christ. We are invited to live continually in God's presence, responding with praise, thanksgiving, and worship.

Reflection Questions



Reflection Questions

1. Why do you think James specifically referenced the restoration of the Tabernacle of David rather than the Tabernacle of Moses?
2. What differences do you see between worship based on religious obligation and worship flowing from a relationship with God?
3. David's greatest desire was to bring God's presence back to the center of Israel. What currently occupies the center of your life and attention?
4. How does knowing that every believer has direct access to God's presence through Jesus change the way you approach worship?
5. Revelation declares that believers are kings and priests before God. How should this identity shape your daily walk with Him?

Personal Application

✓ Application Steps

1. Read Acts 15, 1 Chronicles 15, and 1 Chronicles 16 this week. Notice the connection between David's tabernacle, God's presence, and continual praise.
2. Spend time thanking Jesus for opening the way into the Father's presence. Let your worship flow from gratitude for His finished work rather than from a sense of obligation.
3. Ask yourself whether your relationship with God has become routine or religious. Invite the Holy Spirit to renew your desire for His presence above everything else.
4. Set aside time this week simply to enjoy God's presence without an agenda. Resist the urge to rush into requests, and instead spend time thanking, praising, and adoring Him.
5. Reflect on your identity as a king and priest in Christ. Throughout the week, intentionally approach God with confidence, remembering that you have been welcomed into His presence through Jesus Christ.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
God's Presence	The reality of God's nearness experienced as believers intentionally focus their hearts on Him.
Lifestyle of Worship	Living each day with an attitude of gratitude, praise, obedience, and devotion rather than limiting worship to church gatherings.

Connecting the Sessions

Session	Title	Focus of Revelation
1	The Gift of Praise & Worship	Praise and worship are God's gift to draw us into His presence. They are not about performance but about fixing our hearts on the One who is worthy.
2	Worshiping in Spirit & Truth	God is seeking worshipers who worship Him in spirit and truth. Worship flows from knowing who He is, not merely from singing songs.
3	The Biblical Expressions of Praise	Scripture reveals many expressions of praise. As we understand the biblical language of worship, we gain greater freedom to honor God with our whole lives.
4	Praise, Worship, and the Presence of God	Praise and worship invite us into God's presence and help us set our minds on Him. Worship is far more than music—it is a lifestyle of communion with the Father.
5	The Restoration of David's Tabernacle	David's Tabernacle points to the New Covenant, where continual praise and worship replace ritual and sacrifice. Through Christ, every believer now has access to God's presence.
6	The sacrifice of Praise	The sacrifices God now desires are spiritual sacrifices of praise, thanksgiving, and surrendered lives. Worship becomes our continual response to His finished work.
7	The Power of Praise	Praise is also a spiritual weapon. As we magnify God instead of our circumstances, faith rises, fear loses its grip, and the enemy's influence is diminished.
8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 6: The Sacrifice of Praise

Session 6 of 8

Session Overview

The restoration of David's Tabernacle reveals more than a pattern of continual praise—it provides a practical model for every believer today. In this session, we discover that God has made us a royal priesthood called to continually offer spiritual sacrifices of praise and thanksgiving. We also explore practical ways to cultivate a lifestyle of worship through Scripture, hymns, spiritual songs, praying in the Spirit, and corporate worship. As we intentionally focus on God's goodness, praise becomes a daily practice that draws our hearts into a deeper awareness of His presence.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Hebrews 13:15 (NKJV)

"Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name."

1 Peter 2:4–10 (NKJV)

Believers are living stones, a royal priesthood, and a holy nation called to proclaim the praises of the One who brought us out of darkness into His marvelous light.

Ephesians 5:15–20 (NKJV)

"Be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord."

1 Corinthians 14:14–15 (NKJV)

Paul encourages believers to pray and sing both with understanding and in the Spirit.

1 Chronicles 16:8–12

David appoints continual thanksgiving and praise before the Ark, calling God's people to remember His wonderful works and seek His face continually.

Key Themes

1. Believers Offer Spiritual Sacrifices

Because Jesus fulfilled the Old Testament sacrificial system, believers no longer bring animal sacrifices. Instead, God calls His people to continually offer spiritual sacrifices of praise, thanksgiving, and wholehearted devotion.

2. We Are a Royal Priesthood

Through Christ, every believer has become part of God's royal priesthood. Our calling is to proclaim His praises, celebrate His goodness, and represent Him to the world as people who live in continual fellowship with His presence.

3. Praise Is a Practical Daily Lifestyle

Worship is not reserved for church gatherings. Scripture encourages believers to fill their lives with psalms, hymns, spiritual songs, thanksgiving, and continual awareness of God's presence. These practices help keep our hearts fixed on Christ throughout the day.

4. Thanksgiving Shifts Our Perspective

Gratitude remains the doorway into praise. As we intentionally remember what God has accomplished through Christ, our attention moves away from life's problems and toward His unchanging goodness, faithfulness, and love.

5. Corporate Worship Strengthens Believers

Gathering with other believers to worship God is far more than preparing for a sermon. Corporate praise encourages faith, unites God's people, and provides a powerful opportunity to exalt Christ together as one body.

Reflection Questions



Reflection Questions

1. Hebrews describes praise as a continual spiritual sacrifice. What would it look like for praise to become a consistent part of your daily life rather than something reserved for Sunday mornings?
2. Peter says you are part of a royal priesthood created to proclaim God's praises. How does this identity influence the way you think about worship?
3. Which practical expression of worship mentioned in this session—reading Psalms, singing hymns, spiritual songs, praying in the Spirit, or corporate worship—would most help you grow in your relationship with God?
4. How does intentionally remembering God's goodness and His finished work on the cross change your perspective during difficult seasons?
5. Think about your attitude when participating in corporate worship. Are you primarily evaluating the experience, or intentionally engaging your heart in honoring God?

Personal Application

✓ Application Steps

1. Choose one Psalm (such as Psalm 23, 91, 100, or 103) and read or recite it aloud every day this week, allowing it to become part of your personal worship.
2. Make a list of several hymns or worship songs that consistently direct your attention to God's character. Spend time singing or reflecting on them throughout the week.
3. Begin each day by thanking God for specific aspects of your salvation and the blessings you have received through Christ before focusing on your daily responsibilities.
4. Set aside uninterrupted time this week to worship God personally using a combination of Scripture, thanksgiving, singing, and prayer. Focus on enjoying His presence rather than simply completing a routine.
5. Make a deliberate commitment to fully participate the next time you gather with other believers for worship. Enter with a heart prepared to honor God, encourage others, and engage wholeheartedly in praising Him.

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
Thanksgiving	A grateful acknowledgment of God's goodness that prepares our hearts to enter His presence.
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Connecting the Sessions

Session	Title	Focus of Revelation
1	The Gift of Praise & Worship	Praise and worship are God's gift to draw us into His presence. They are not about performance but about fixing our hearts on the One who is worthy.
2	Worshiping in Spirit & Truth	God is seeking worshipers who worship Him in spirit and truth. Worship flows from knowing who He is, not merely from singing songs.
3	The Biblical Expressions of Praise	Scripture reveals many expressions of praise. As we understand the biblical language of worship, we gain greater freedom to honor God with our whole lives.
4	Praise, Worship, and the Presence of God	Praise and worship invite us into God's presence and help us set our minds on Him. Worship is far more than music—it is a lifestyle of communion with the Father.
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6	The Sacrifice of Praise	The sacrifices God now desires are spiritual sacrifices of praise, thanksgiving, and surrendered lives. Worship becomes our continual response to His finished work.
7	The Power of Praise	Praise is also a spiritual weapon. As we magnify God instead of our circumstances, faith rises, fear loses its grip, and the enemy's influence is diminished.
8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 7: The Sacrifice of Praise

Session 7 of 8

Session Overview

Praise and worship are more than expressions of love toward God—they are powerful spiritual weapons. In this session, we discover that worship silences the enemy, strengthens our faith, and redirects our focus from our circumstances to God's unchanging character. Through the examples of Jehoshaphat and Paul and Silas, we see that praise is not reserved for life's easiest moments. It is often in the darkest circumstances that worship becomes one of the greatest demonstrations of faith. As we choose to praise God regardless of what we face, we learn to trust Him to fight our battles and bring victory according to His purposes.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Psalm 8:2 (NKJV)

"Out of the mouth of babes and nursing infants You have ordained strength... that You may silence the enemy and the avenger."

Psalm 149:1–9 (NKJV)

God's people are called to rejoice, sing, dance, and offer high praises to the Lord. Praise becomes a spiritual weapon that executes God's righteous judgment against the enemy.

2 Chronicles 20:1–30

Jehoshaphat appoints singers to lead the army in worship, and as they begin to praise the Lord, God defeats their enemies.

Acts 16:22–34 (NKJV)

Paul and Silas pray and sing hymns to God while imprisoned. God responds by shaking the prison, opening the doors, and ultimately bringing salvation to the jailer's household.

2 Corinthians 3:18 (NKJV)

"But we all... beholding as in a mirror the glory of the Lord, are being transformed into the same image..."

Key Themes

1. Praise Is a Spiritual Weapon

God has given praise and worship as more than an act of devotion. Scripture reveals that praise silences the enemy, strengthens believers, and becomes a powerful weapon in spiritual warfare. When we understand its purpose, worship becomes an active expression of faith rather than merely a response to favorable circumstances.

2. Worship Shifts Our Focus from Fear to Faith

The enemy seeks to fill our hearts with fear because fear fixes our attention on our problems. Praise redirects our focus to God's greatness, reminding us that He is present, faithful, and fully able to accomplish His purposes.

3. God Fights the Battle

Jehoshaphat's victory demonstrates that some battles are won not through human strength but through trusting God. As God's people worshiped, the Lord Himself acted on their behalf. Praise became an expression of confidence that the battle ultimately belonged to Him.

4. Worship Is Powerful in Difficult Circumstances

Paul and Silas chose to pray and sing hymns after being beaten and imprisoned. Their worship was not based on their circumstances but on God's unchanging goodness. Their response demonstrates that praise is often most powerful when offered during life's greatest trials.

5. Praise Impacts More Than Ourselves

The worship of Paul and Silas not only brought freedom to them but also opened the door for the jailer and his household to believe in Christ. A life of praise often becomes a testimony that influences the people around us and points them to Jesus.

Reflection Questions



Reflection Questions

1. Before this session, how did you view praise and worship? How has your understanding changed as you consider it a spiritual weapon?
2. When difficult circumstances arise, what is your natural first response? How might choosing praise instead reshape your perspective?
3. Jehoshaphat sent worshipers before the army into battle. What does this teach you about trusting God rather than relying solely on your own strength?
4. Paul and Silas worshiped while still in prison, before anything changed. What does their example teach you about faith and gratitude?
5. Is there a current challenge where God may be inviting you to shift your attention from fear and frustration to praise and worship?

Personal Application

✓ Application Steps

1. Identify one situation that has been causing fear, anxiety, or discouragement. Each day this week, intentionally spend several minutes praising God for His character before thinking about that situation.
2. Read Psalm 149, 2 Chronicles 20, and Acts 16 this week. Look for the connection between praise, faith, and God's intervention.
3. Create a list of Scriptures that remind you of God's faithfulness. When discouragement comes, read those passages aloud and thank God for His promises.
4. The next time you experience a difficult circumstance, resist the temptation to complain first. Instead, begin by thanking God for His goodness and inviting Him into the situation through worship.
5. During your next time of personal or corporate worship, consciously focus on exalting God rather than asking Him to change your circumstances. Allow praise to strengthen your faith and deepen your trust in Him

Key Terms & Concepts

Term	Definition / Significance
Praise	The joyful expression of honor, gratitude, and celebration directed toward God for who He is and what He has done.
Worship	The wholehearted response of love, reverence, surrender, and devotion offered to God alone.
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8	Living a Lifestyle of Praise	A life marked by joy, thanksgiving, and continual praise is a life strengthened by God's presence. Worship is not reserved for church services—it becomes the daily posture of every believer.

Notes

Praise & Worship

Session 8: The Sacrifice of Praise

Session 8 of 8

Session Overview

As we conclude this series, we discover that praise and worship are God's provision for living victoriously in a fallen world. Through praise, we enter God's presence, experience His joy, and receive the strength needed to face life's challenges. Worship shifts our focus away from heaviness and despair and redirects our hearts toward God's unchanging goodness. Throughout this series, we have seen that praise is both a gift and a weapon—one that helps us experience God's presence, renews our minds, strengthens our faith, and transforms the way we live. The Father continues to seek worshipers who will worship Him in spirit and in truth.

The Anchor Verse

Psalm 100:4 (NKJV)

"Enter into His gates with thanksgiving, and into His courts with praise. Be thankful to Him, and bless His name."

This verse serves as the foundation for the series, reminding us that thanksgiving and praise prepare our hearts to encounter God and keep our attention fixed on Him.

Key Scriptures

Nehemiah 8:10 (NKJV)

"The joy of the LORD is your strength."

Psalm 16:11 (NKJV)

"In Your presence is fullness of joy; at Your right hand are pleasures forevermore."

Psalm 22:3 (NKJV)

Jesus came to bring healing, freedom, comfort, and "the garment of praise for the spirit of heaviness."

1 Samuel 16:14–23

David's worship brought refreshment and relief to Saul, demonstrating the powerful effect of praise and worship.

John 4:23–24 (NKJV)

"The true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him."

Key Themes

1. Praise Leads Us into God's Presence

God has provided praise and worship as the pathway into His presence. As we enter His presence, we experience His joy, His peace, and His strength to face the pressures of life. Worship does not always change our circumstances, but it changes us.

2. Praise Is God's Answer to Heaviness

Isaiah describes praise as a garment that replaces heaviness. While life's struggles are real, God has given believers a practical way to redirect their hearts from discouragement to hope by fixing their attention on Him.

3. Worship Opens Our Hearts to God's Voice

As we worship, our minds become quieter and our hearts become more attentive to the Holy Spirit. Worship creates an atmosphere where we become more aware of God's presence and more receptive to His direction and encouragement.

4. Praise Has Spiritual Power

David's ministry before Saul demonstrates that worship carries spiritual influence. Throughout Scripture, praise consistently brings freedom, refreshment, encouragement, and renewed focus on God's greatness. God has given praise as a powerful gift for His people.

5. God Is Seeking Worshipers

The central truth running throughout this entire series is that the Father is seeking people who will worship Him in spirit and truth. Worship is not simply something believers do—it becomes the posture of a heart captivated by God's love, goodness, and worthiness.

Reflection Questions



Reflection Questions

1. Looking back over this series, what has most changed your understanding of praise and worship?
2. How have you experienced God's presence, peace, or joy as you have intentionally focused on Him in worship?
3. Isaiah speaks of exchanging heaviness for the garment of praise. Is there an area of your life where God is inviting you to make that exchange today?
4. What practical habits from this series will help you make praise and worship a regular part of your daily walk with Christ?
5. Jesus said the Father is seeking worshipers who worship Him in spirit and truth. What does it look like for your life—not just your church attendance—to reflect that calling?

Personal Application

✓ Application Steps

1. Review your notes from this series and identify one principle about praise and worship that you want to intentionally practice over the next month.
2. Establish a daily rhythm of entering God's presence with thanksgiving before bringing Him your requests. Let gratitude become the foundation of your prayer life.
3. When feelings of discouragement, fear, or heaviness arise, intentionally put on the "garment of praise" by reading Scripture, thanking God for His goodness, and worshiping Him before dwelling on your circumstances.
4. Make both personal and corporate worship a consistent priority. Come expecting to encounter God, encourage other believers, and grow in your awareness of His presence.
5. Ask the Holy Spirit to continue developing a lifestyle of worship in every area of your life. Let praise become more than music—it becomes your daily response to God's love, grace, and faithfulness.

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